



RETREAT SCHEDULE

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| FRIDAY | 3:00PM - 6:30PM | Welcome & Registration | Entrance Foyer |
| | 3:00 PM - 6:00 PM | Hospitality- Sandwiches & Refreshments | Salon I |
| | 6:00 PM - 7:00 PM | Getting in the Mood for Shabbos: | Elliot Key + Roof Terrace |
| | 7:13 PM | How Would You Like to Feel at the End of this Weekend <i>with Lewis Abrams</i> | Continental |
| | 7:35 PM - 8:20 PM | Candle Lighting: Shabbos Begins | Continental |
| | 7:35 PM - 8:20 PM | Women's Welcome Circle <i>with Rebbetzins Frumi Kessler & Devorah Leah Andruiser</i> | Salon IV |
| | 7:20 PM - 8:20 PM | Friday Night Prayer Services - קבלת שבת Kabbolas Shabbos | Pigeon Key |
| | 8:30 PM - 11:00 PM | Torah Class - Getting Out of Your Brain <i>with Rabbi Yacov Barber</i> | Salon II + III |
| | 11:30 PM - 12:30 AM | Friday Night Shabbos Dinner <i>with Rabbi YY Jacobson, Sarge, catered by Sacho Catering</i> | Grassy Key |
| | | RECOVERY MEETINGS | Pigeon Key |
| | AA chaired by Jeff A. | Big Pine Key | |
| | Alanon <i>*space and meeting material available</i> | Plantation Key | |
| | Young People's AA <i>*haven't had a legal drink, meeting opened to ages 16-25</i> | Elliot Key + Roof Terrace | |
| | GA chaired by Yitzi G. | Continental | |
| | SA (CLOSED) <i>*space and meeting material available</i> | Salon I | |
| | EATING ISSUES GROUP (CLOSED) <i>*space and meeting material available</i> | Salon I | |
| | Oneg and Refreshments | | |
| 11:15 AM - 1:30 AM | Kumzitz <i>with Dovy Tessler, Yoely Weiss, Chaim Meir Erps (CME)</i> | | |
| 12:30 AM | | | |

**If you would like to chair this group, please see a coordinator and we will supply you with all the materials to conduct the meeting*

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| SHABBOS | 7:00 AM - 10:00 AM | Continental Breakfast | Salon I |
| | 7:00 AM - 8:00 AM | Breathing in Recovery <i>with Avi Shteingart</i> | Elliot Key + Roof Terrace |
| | 7:00 AM - 8:00 AM | Torah Class - Megilas Esther, The Revelation of Concealment <i>with Menachem Poznanski</i> | Grassy Key |
| | 8:00 AM - 9:00 AM | Torah Class - The Sober Drunk <i>with Rabbi YY Jacobson</i> | Continental |
| | 9:00 AM - 11:30 AM | Shabbos Morning Services - Davening, Sermon <i>by Rabbi YY Jacobson</i> | Salon IV |
| | 9:00 AM - 10:00 AM | Did the Chinuch System Fail You, What Now? <i>with Rabbi Yacov Barber</i> | Elliot Key + Roof Terrace |
| | 10:00 AM - 11:15 AM | The Force of Feminine Humility (Women Only) <i>with Chana Kornfeld</i> | Continental |
| | 11:30 AM - 12:00 PM | Kiddush - Light Snacks and Refreshments | Entrance Foyer |
| | 12:15 PM - 1:30 PM | CO-CURRENT MEETINGS/WORKSHOPS | Elliot Key + Roof Terrace |
| | | 1: Creating Intimacy and Healthy Marriages <i>with Terra Holbrook</i> | Continental |
| | 2: Spirituality in Recovery: Practical Steps in Enhancing Spirituality <i>with Lewis Abrams</i> | Pigeon Key | |
| | 3: Co-Dependency: From Start to Finish <i>with Jonathan Rauch</i> | Plantation Key | |
| | 4: Feasting, Fasting and Binging <i>with Kathleen Tunny</i> | Salon II + III | |
| 1:45 PM - 4:00 PM | Shabbos Lunch <i>with Rabbi YY Jacobson and Chani Lisbon, catered by Sacho Catering</i> | Elliot Key + Roof Terrace | |
| 4:15 PM - 5:30 PM | CO-CURRENT MEETINGS/WORKSHOPS | Grassy Key | |
| | 1: Second Stage Recovery <i>with Terra Holbrook</i> | Continental | |
| | 2: I'm in Recovery, Why am I Still Struggling? <i>with Avi Shteingart and Isaac Hellman</i> | Pigeon Key | |
| | 3: The Fifth Dimension <i>with Menachem Poznanski LCSW</i> | | |
| | 4: Three Dimensions of Dynamic Recovery, Reconciling & Synchronizing | | |
| | Past and Present for a Wholesome Future <i>with Yekusiel Kalmenson</i> | | |
| 5:30 PM - 5:50 PM | Mincha | Salon IV | |
| 6:00 PM - 7:00 PM | Addiction, My Secret Weapon <i>with Eli Nash</i> | Salon IV | |
| 7:00 PM - 8:00 PM | Experience, Strength and Hope <i>with Aron G. and Mendy K.</i> | Salon IV | |
| 7:00 PM - 8:00 PM | As the Sun Sets, a Melodious Journey <i>with Chaim Meir Erps (CME) and Yoely Weiss</i> | Salon IV | |
| 8:10 PM | Maariv & Havdalah <i>with Yekusiel Kalmenson, Yoely Weiss and Chaim Ghoori</i> | Salon IV | |
| 9:30 PM - 12:00 AM | GRAND MELAVA MALKA & KUMZITZ <i>catered by Sacho Catering</i> | Salon II + III | |
| | Gathering of the Souls <i>with Rabbi YY Jacobson</i> | | |
| | Entertainment <i>with Chaim Kohn, Eliezer Nerenberg, Nosson Zand, Yoely Weiss, Chaim Meir Erps (CME), Choni Teitelbaum</i> | | |
| 12:00 AM - 1:00 AM | Open 12 Step Recovery Meeting All Fellowships <i>chaired by Moishe G. & Tzvi H.</i> | Grassy Key | |

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| SUNDAY | 7:00 AM - 8:00 AM | Torah Class: Modeh Ani An Attitude of Gratitude - Secrets Revealed <i>with Rabbi Yacov Barber</i> | Salon IV |
| | 8:00 AM - 9:00 AM | Torah Class: Am I Damaged Goods <i>with Rabbi YY Jacobson</i> | Salon IV |
| | 8:00 AM - 11:00 AM | Full Breakfast <i>catered by Sacho Catering</i> | Salon II + III |
| | 9:00 AM - 9:45 AM | Morning Services - Shacharis | Salon IV |
| | 9:00 AM - 11:30 AM | Guided Imagery (For Men Only) Limited Space, Must Register, 20 spots max <i>with Clark Henderson-Davis</i> | Elliot Key + Roof Terrace |
| | 11:45 AM - 12:45 PM | Keynote Address <i>with Terra Holbrook</i> | Salon IV |
| | 12:30 PM - 1:30 PM | Afternoon Refreshments | Salon I |
| | 1:00 PM - 2:00 PM | Naloxone Distribution and Training <i>with Sharon Burns-Carter</i> | Entrance Foyer |
| | 1:30 PM - 2:00 PM | Addiction from the ER Physician's Perspective <i>with Steven Katz MD</i> | Elliot Key + Roof Terrace |

CHILDREN'S PROGRAM

The COVE BALLROOM will be open for special performances, exciting games, stories and delicious children's meals. The room will be staffed by 5 JRC counselors.

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| FRIDAY | 7:13 PM - 8:00 PM | Children's Kabbolas Shabbas |
| | 8:00 PM - 8:45 PM | Children's Shabbos Dinner |
| | 8:45 PM - 11:00 PM | Children's Program with JRC Counselors |
| | 11:00 PM | CHILDREN'S PROGRAM CLOSED |
| SHABBOS | 9:30 AM - 10:15 AM | Children's Davening |
| | 10:15 AM - 11:30 AM | Children's Program with JRC Staff |
| | 11:30 AM - 12:15 PM | Kiddush - CHILDREN'S PROGRAM CLOSED |
| | 12:15 PM - 1:15 PM | *Special Performance* Magic Show with Arnoldo |
| | 1:30 PM - 2:15 PM | Children's Shabbos Lunch |
| | 2:15 PM - 5:00 PM | Children's Program with JRC Counselors |
| | 5:00 PM - 6:00 PM | CHILDREN'S PROGRAM CLOSED |
| | 6:00 PM - 7:00 PM | *Special Performance* Juggler's Extravaganza |
| | 7:00 PM - 7:30 PM | Children's Dinner |
| | 7:30 PM - 8:00 PM | Children's Program with JRC Counselors |
| | 8:00 PM - 9:00 PM | CHILDREN'S PROGRAM CLOSED |
| | 9:00 PM - 10:00 PM | Night Activity - Pizza Party with JRC Counselors |

PLEASE NOTE: *The COVE BALLROOM closes Friday at 11:00PM and Shabbos at 8:00PM. Additionally, the staff will be on break on Shabbos Morning from 11:30AM - 12:15PM. Please make sure your children are with you during these times*