

# RETREAT SCHEDULE

FRIDAY

3:00PM - 7:00PM  
3:00 PM - 7:00 PM  
7:41 PM  
7:45 PM - 8:20 PM  
7:45 PM - 8:20 PM  
  
7:45 PM - 8:20 PM  
8:30 PM - 11:00 PM  
11:30 PM - 12:30 AM  
  
11:15 AM - 1:30 AM

**Welcome & Registration**  
**Hospitality Room is Open**  
**Candle Lighting; Shabbos Begins**  
**Women's Welcome Circle** *with Rebbetzins Frumi Kessler & Devorah Kaplan*  
**Friday Night Prayer Services - קבלת שבת Kabbolas Shabbos**  
*with Cantor Aryeh Hurwitz*  
**Going to Shul is Not For Me** *with Rabbi Yacov Barber*  
**Friday Night Shabbos Dinner** *with Keynote Speaker: Rabbi Simon Jacobson*  
**RECOVERY MEETINGS**  
*AA chaired by Jeff E.*  
*Alanon chaired by a friend*  
*SA chaired by a friend*  
*GA chaired by a friend*  
**Oneg** *sponsored by Shraga*

*Foyer*  
*Foyer/Juno Beach Room*  
*Hall by Jupiter Beach Room*  
*Garden Room*  
*Salon A + B*  
  
*Jupiter Beach Room*  
*Ballroom D + E*  
  
*Ballroom D+E*  
*Jupiter Beach Room*  
*Juno Beach Room*  
*Salon C*

SHABBOS

7:00 AM - 10:00 AM  
7:00 AM - 8:00 AM  
8:00 AM - 9:00 AM  
9:00 AM - 11:30 AM  
  
9:00 AM - 10:00 AM  
9:00 AM - 10:00 AM  
10:00 AM - 11:00 AM  
11:45 AM - 12:30 PM  
12:45 PM - 2:00 PM  
  
2:15 PM - 4:15 PM  
4:30 PM - 5:45 PM  
  
5:45 PM - 6:00 PM  
6:05 PM - 7:30 PM

**Continental Breakfast**  
**Torah Class** *with Rabbi Simon Jacobson*  
**Torah Class** *with Rabbi Schneur Kaplan*  
**Shabbos Morning Services - Davening**  
*with Cantor Aryeh Hurwitz, sermon by Mendy Kornfeld*  
**Torah Class- Living with Intention** *with Menachem Poznanski, LCSW*  
**Torah Class- Getting Out of Your Brain** *with Rabbi Yacov Barber*  
**Women's Only Torah Class** *with Chanala Kornfeld*  
**Kiddush - Light Snacks and Refreshments**  
**CO-CURRENT MEETINGS/WORKSHOPS**  
**1: Living From the Inside Out - Healing Our Relationship with Ourselves**  
*with Faith Niece, LMFT, LMHC, CSAT*  
**2: A Tale of Two Worlds: When Mental Illness and Substance Abuse Collide**  
*with Dr. Moshe Winograd, Ph.D*  
**3: Power of Community**  
*with Sony Perlman, LMSW*  
**4: Introduction to Breathwork**  
*with Alex and Jacquelin Myrin*  
**Shabbos Lunch**  
**CO-CURRENT MEETINGS/WORKSHOPS**  
**1: In To Me You See - Having Healthy Relationships**  
*with Faith Niece, LMFT, LMHC, CSAT*  
**2: Freeing Ourselves of Toxic Shame**  
*with Menachem Poznanski, LCSW*  
**3: Addiction Healing: The Truth About Our Traumas, Attachments and Understanding How the Body Keeps the Score**  
*with Rebbetzin Devorah Kaplan*  
**5: Beating Gambling**  
*with Arnie Wexler, CCGC*  
**Mincha**  
**Experience Strength and Hope x2** *with Matt M. and Devorah Leah Andruiser*

*Ballroom D + E*  
*Garden Room*  
*Garden Room*  
*Salon A + B*  
  
*Garden Room*  
*Jupiter Beach Room*  
*Garden Room*  
*Foyer*  
  
*Salon A*  
*Salon B*  
*Garden Room*  
*Jupiter Beach Room*  
  
*Ballroom D + E*  
  
*Salon A*  
*Salon B*  
*Garden Room*  
  
*Jupiter Beach Room*  
  
*Salon A*  
*Ballroom D + E*

# RETREAT SCHEDULE

SHABBOS	7:30 PM – 8:30 PM	<b>As the Sun Sets, a Melodious Journey</b> <i>with Cantor Aryeh Hurwitz, Rabbi Schneur Kaplan</i>	<i>Ballroom D + E</i>
	8:38 PM	<b>Maariv &amp; Havdalah</b> <i>with Cantor Aryeh Hurwitz, Rabbi Schneur Kaplan</i>	<i>Ballroom D + E</i>
	9:15 PM -12:00 AM	<b>GRAND MELAVA MALKA</b> <b>Entertainment</b> <i>with world renowned comic SARGE</i>	<i>Ballroom D + E</i>
	12:00 AM - 1:00 AM	<b>Open 12 Step Recovery Meeting All Fellowships</b> <i>hosted by a friend</i>	
SUNDAY	8:00 AM - 9:00 AM	<b>Torah Class</b> <i>with Rabbi Simon Jacobson</i>	<i>Garden Room</i>
	9:30 AM - 10:30 AM	<b>Where Do We Go From Here? Interactive Process Group</b> <i>with Sony Perlman, LMSW</i>	<i>Garden Room</i>
	8:00 AM – 12:00 PM	<b>Full Breakfast</b>	<i>Ballroom D + E</i>
	9:00 AM – 9:45 AM	<b>Morning Services – Shacharis</b>	<i>Salon A</i>
	10:00 AM - 11:00 AM	<b>Naloxone Distribution and Training</b> <i>with Sharon Burns-Carter, CAC and Palm Beach County Hub</i>	<i>Foyer</i>
	11:00 AM - 1:00 PM	<b>Panel Discussion - The Role of Psychedelics in Healing</b> <i>moderated by Eli Nash with Dr. Steven Strumwasser, PHD, PA, Devorah Leah Andruiser, Moshe Yachnes, LMSW, CSAT, CASAT</i>	<i>Garden Room</i>

# CHILDREN’S PROGRAM

*The CHILDREN’S PROGRAM ROOMS will be open for special performances, exciting games, stories and delicious children’s meals. The room will be staffed by 5 JRC counselors. All children’s programs will be in Palm Beach Room, Juno Beach Room and Salon C, except for the special performance on Shabbos at 6:45pm.*

FRIDAY	7:30 PM - 8:00 PM	<b>Children’s Kabbolas Shabbos</b>	<i>Salon C Check-In</i>
	8:00 PM - 8:45 PM	<b>Children’s Shabbos Dinner</b>	
	8:45 PM - 11:00 PM	<b>Children’s Program with Staff</b>	
	11:00 PM	<b>CHILDREN’S PROGRAM CLOSED</b>	
SHABBOS	9:30 AM – 10:15 AM	<b>Children’s Shacharis Service</b>	<i>Garden Room</i>
	10:15 AM – 11:45 AM	<b>Children’s Program with JRC Staff</b>	
	11:45 AM – 12:15 PM	<b>Kiddush - CHILDREN’S PROGRAM CLOSED</b>	
	12:15 PM – 1:15 PM	<b>Special Performance: Magic Show</b>	
	1:30 PM - 2:15 PM	<b>Children’s Shabbos Lunch</b>	
	2:15 PM – 5:45 PM	<b>Children’s Program with JRC Staff</b>	
	5:45 PM – 6:30 PM	<b>CHILDREN’S PROGRAM CLOSED</b>	
	6:30 PM – 7:00 PM	<b>Special Performance: Juggler’s Extravaganza</b>	
	7:00 PM – 7:30 PM	<b>Children’s Seudahs Dinner</b>	
	7:30 PM – 8:00 PM	<b>Children’s Program with JRC Staff</b>	
	8:30 PM	<b>CHILDREN’S PROGRAM CLOSED</b>	

**PLEASE NOTE:** *The CHILDREN’S PROGRAM ROOMS close Friday at 11:00PM and Shabbos at 8:00PM. Additionally, the staff will be on break on Shabbos Morning from 11:45AM - 12:15PM and 5:45PM - 6:30PM. Please make sure your children are with you during these times*

*The Jewish Recovery Retreat is Catered by Executive Catering, Thank You to Chef Yos*

\*All schedules can be subject to change